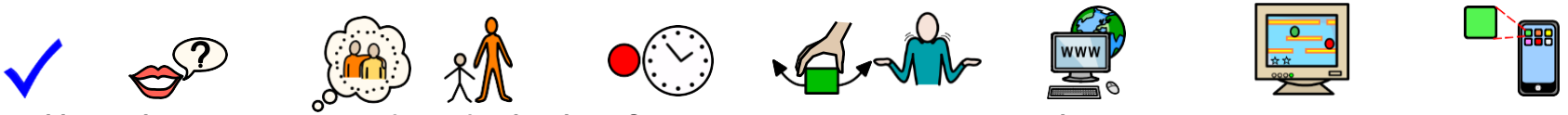
What I Must do to Keep Safe Online and With Devices

Online means anything connected to the internet. Most devices and apps are connected to the internet.

Devices are technology like: computers, laptops, games consoles, tablets and smart phones.

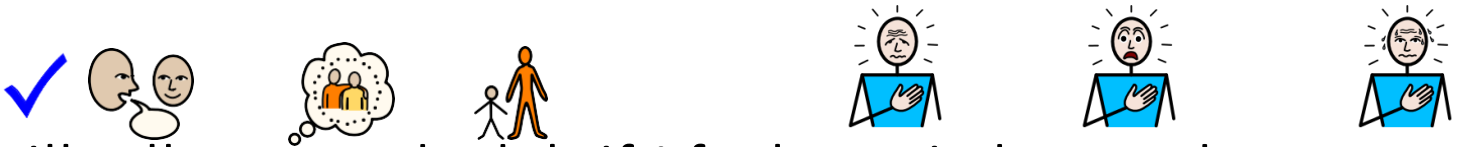
I will only use the devices I am allowed to use.



I will ask a trusted adult before I use new websites, games or apps.

I will ask for help if I'm stuck or not sure.

I will be kind and polite to everyone online.



I will tell a trusted adult if I feel worried, scared or nervous when I am using a device.

I will tell a trusted adult if I feel sad, angry or embarrassed when I am using a device.

I will tell a trusted adult if I feel bad or unsafe when I am using a device.

I know people online sometimes tell lies.

They might lie about who they are or where they live.

I never have to keep secrets from my trusted adults.

I will not change clothes or undress in front of any camera.

I will always ask a trusted adult before telling anyone my private

information or location.

I know that anything I do or say online might stay there forever.

It can be given to my family, my friends or strangers.

This could make me feel sad or embarrassed.

My trusted adults are _____ at school

My trusted adults are _____ at home

My name is _____