

# WHAT'S FOR BREAKFAST/ AFTER SCHOOL CLUB?

**AUTUMN 2  
WEEK 1**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST CLUB</b>	Bagel with Butter or Cream Cheese GLUTEN (WHEAT), MILK	Banana Breakfast Muffins GLUTEN(WHEAT) & SULPHITES	Top Your Own Porridge Bar GLUTEN (WHEAT), SULPHITES & MILK	Granola Breakfast Bars and Hot Chocolate GLUTEN (WHEAT) & SULPHITES	French Toast with Sliced Banana & Honey GLUTEN (WHEAT), EGG & MILK
<b>AFTER SCHOOL CLUB</b>	Baked Potato with Baked Beans, Cheese & Carrot Sticks FISH, MILK & SULPHITES	Chef's Special Pasta with Fine Beans MILK, GLUTEN, SULPHITES	Chicken or Veggie Hotdogs & Crudites GLUTEN (WHEAT), SOYA & SULPHITES	Cheese and lentils Wrap with Sweetcorn and Rice, Salad GLUTEN(WHEAT), CELERY, MILK & SULPHITES	Afternoon Tea, Fruit Cake & Crudites GLUTEN (WHEAT), SOYA, SULPHITES, MILK, EGG & FISH
<b>EXTRA</b>	Breakfast is served with a selection of cereals, toast, fresh fruit, and yoghurt After school club meals are served alongside fresh fruit and salad or vegetables <b>Week Commencing: 4<sup>th</sup> and 18<sup>th</sup> November, 2<sup>nd</sup> and 16<sup>th</sup> December 2024</b>				

**Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available**

# WHAT'S FOR BREAKFAST/ AFTER SCHOOL CLUB?

**AUTUMN 1  
WEEK 2**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST CLUB</b>	Toast with Baked Beans <b>GLUTEN (WHEAT) &amp; SULPHITES</b>	Grilled Cheese <b>GLUTEN (WHEAT) &amp; MILK</b>	Top Your Own Porridge Bar <b>GLUTEN (WHEAT), SULPHITES &amp; MILK</b>	Scrambled Eggs Wraps <b>GLUTEN (WHEAT) &amp; EGGS</b>	Pancakes with Orange & Honey <b>GLUTEN (WHEAT), EGG &amp; MILK</b>
<b>AFTERSCHOOL CLUB</b>	Pitta Pizza, Celery Sticks & Cucumber <b>GLUTEN (WHEAT), CELERY, SULPHITES &amp; MILK</b>	Baked Potato with Tuna Mayo or Cheese & Beans & Sweetcorn <b>FISH, MILK &amp; SULPHITES</b>	Homemade Chicken Nuggets <b>or</b> Veg Nuggets <b>MILK, SOYA, SULPHITES &amp; GLUTEN (WHEAT)</b> Potato Wedges with Fine Beans	Veg Pizza and Seasonal Soup <b>GLUTEN (WHEAT), MILK SULPHITES</b> & Steamed Carrots	Chicken Sausages <b>or</b> Veg Sausages <b>GLUTEN (WHEAT), SOYA, MILK, EGG</b> Roast Rosemary Potatoes and Cucumber Sticks
<b>EXTRA</b>	Breakfast is served with a selection of cereals, toast, fresh fruit, and yoghurt After school club meals are served alongside fresh fruit and salad or vegetables <b>Week Commencing: 11<sup>th</sup> and 25<sup>th</sup> November, 9<sup>th</sup> December 2024</b>				

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