



MESSAGE FROM THE HEADTEACHER

Dear Parents/Carers,

This week we welcomed the Head of Education for Islington for a visit. He has heard some great things about what we're doing here at Rotherfield and wanted to see for himself! I am pleased to say the school really rose to the occasion and impressed him with excellent learning behaviours, great teaching and also a clear vision and direction for the future.

Next week, we will be hosting our teaching and learning governors committee to showcase the improvements in mathematics. Our autumn test data shows strong improvements across the school due to our mastery approach in maths.

I am immensely proud of the hard work we are putting in here to make Rotherfield a great place to learn and flourish.

This year as part of our wider strategy of supporting pupils to regulate emotions, we are implementing zones of regulation.

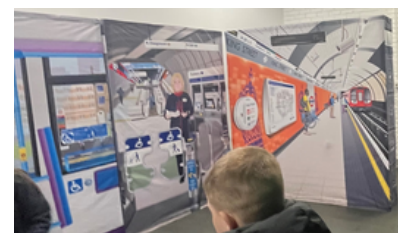
Please join us and Ceryl, our expert, on Tuesday 21st Jan at 9am for a parent workshop to find out more and see how you can support your child at home.

The **ZONES** of Regulation®

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Terrified Yelling/Hitting Elated Out of Control

THIS WEEKS' TOP NEWS - Junior Citizens Programme

On Thursday morning, Year 6 visited Sobell Leisure Centre to participate in the Islington Junior Citizenship Scheme. This involved the children learning about how to stay safe in public spaces, such as on public transport and how to spot fraudulent activity involving online scams and money. The children also took part in a range of workshops delivered by organisations such as the Police, Fire Brigade and Arsenal Football Club in the Community.



SCHOOL ATTENDANCE



STARS OF THE WEEK

Whole school: 94%
National: 95%

Oak	96.5%
Rowan	96.5%
Apple	95%
Pine	92%
Silver birch	92%
Cedar	92%
Willow	92%
Palm	92%
Ash	92%
Holly	90%
Mulberry	89%
Elm	88%
Beech	86%
Maple	85%

Well done to all our wonderful children on their hard work this week. The following deserve a special mention for receiving **Star of the week!**

Year 6: Ares and Maymoonah

Year 5: Tillie, Amaya and Lucas

Year 4: Skylar and Scarlett

Year 3: Walid and Mila

Year 2: Iqra and Rico

Year 1: Anahita and Emily

Reception: Suhayla

Nursery: Kaan



TOP DOODLERS

Top class - OAK

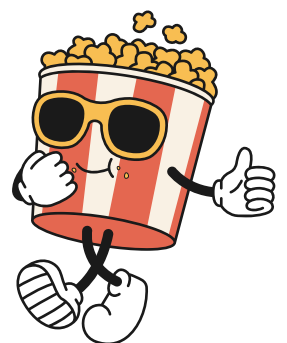


Using Doodle Maths for 10 minutes per day can have a huge impact on your child's progress and attainment. Please speak to your child's class teacher if you need your login details or any support with the app.

POPCORN PARTY

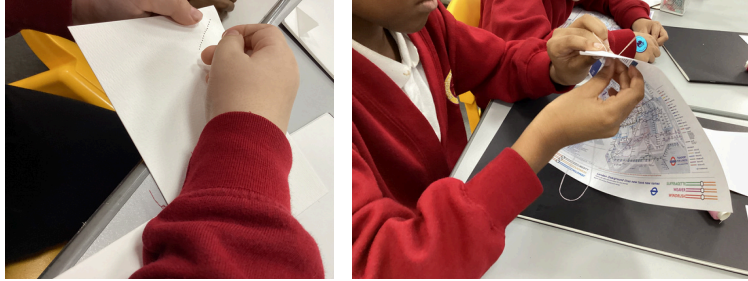
(as chosen by the pupil voice)

Well done to **Oak** class for having the highest attendance this week!



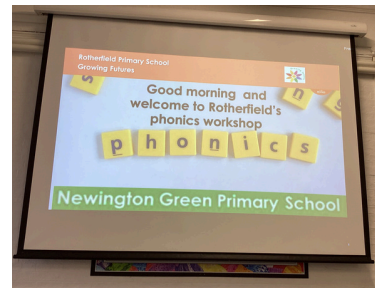
Pattern Making

In art in Willow class, we have started our new unit, which is pattern making. Today, we were doing sensory drawing, which involves making patterns in card with needles. We then looked at the work of Shaheen Ahmed who makes incredible work sewing on to maps. We emulated her using the tube map!



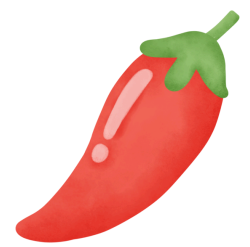
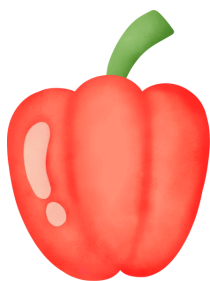
Phonics Workshop

This morning our fabulous phonics lead, Bernadine, ran a workshop for parents outlining our approach to phonics teaching at RF, giving practical advice as to how our parents can support their children's reading at home. The workshop included a model lesson with some of our year 1 children – who were outstanding, showing of the knowledge and beautiful behaviour for learning.



Reception - Shop Visit

This week reception children, visited the local shop to buy vegetables to make a soup. It was a great learning opportunity for the children to explore our local community and learn new vocabulary to describe the vegetables. Alongside this we used our maths skills to count the money and use it in a real-life context.



SENDIASS Coffee Morning

A heartfelt thank you to all the parents and carers who joined us for the SENDIASS coffee morning at the end of last term.

It was wonderful to see so many of you come together to share your experiences, connect, and voice your concerns.

A special shout-out to Antonia and Kisha for courageously sharing their personal stories and representing the families in our school community.

Your contributions were invaluable and deeply appreciated by everyone present.

For those who need further support or information, you can contact SENDIASS using the details shared:



Impartial Information, Advice and Support on SEND

Islington sendias

for Islington parents/carers and children and young people aged up to 25

We offer:

- Advice, information and support on education, health and social care issues
- Support to express your views and wishes
- Support at meetings with schools and the Local Authority
- Help to complete SEN and disability related paperwork
- Supporting young people up to 25 in their own right
- Signposting to other support services

www.islington-send.org.uk
T: 020 3031 6651 E: islingtonsend@family-action.org.uk
Lough Road Centre, 61-71 Lough Road, London N7 8FF
www.facebook.com/IslingtonSENDIAS/

SCAN ME



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Tiago's Top Tips - Part 1

Hello dear parents and carers!

Today we brought some Smart Tips for Storing Food Longer and Maximise Freshness!

Ensuring your food stays fresh longer not only reduces waste but also saves money. Here are some simple yet effective tips to help you store food properly, preserving its quality and extending its shelf life.

Know Your Refrigeration Zones

Different sections of your fridge have varying temperatures. Use these areas to your advantage:

- Top shelves: Best for ready-to-eat foods like leftovers, dairy, and drinks.
- Middle shelves: Ideal for raw meats and fish. Store them in sealed containers to avoid contamination.
- Bottom shelves: Coldest part of the fridge—perfect for fruits and vegetables (except for ethylene-sensitive ones like berries or lettuce).
- Crisper drawers: Use for storing produce, with one drawer set for fruits and the other for vegetables.

Proper Storage for Fruits and Vegetables

- Fruits like apples, bananas, and tomatoes should be stored at room temperature, away from direct sunlight. Once ripe, they can be moved to the fridge.
- Vegetables: Leafy greens, carrots, and broccoli last longer in the fridge's crisper drawers, but remember to remove any excess moisture before storing them.
- Don't mix fruits and veggies—some fruits emit ethylene gas that can speed up the ripening process of nearby veggies.

Seal It Tight

Air exposure speeds up spoilage. Invest in airtight containers, resealable bags, or vacuum sealers. When storing leftovers, cool them down to room temperature before sealing to prevent bacteria growth.

Freeze for Longer Storage

- Freezing is a great way to extend the life of many items:
- Meats: Freeze in portions for easy defrosting. Wrap them tightly in freezer-safe packaging.
- Vegetables: Blanch before freezing to maintain texture and nutrients.
- Breads and pastries: Freeze slices or whole loaves to avoid waste. Toast directly from the freezer for freshness.

Avoid Overpacking Your Pantry

Air circulation is crucial in keeping pantry items like grains, spices, and canned goods in optimal condition. Avoid overcrowding shelves, and keep dry goods in airtight containers to protect them from moisture and pests.

Use Produce and Dairy Wisely

- Dairy: Always store milk, cheese, and yogurt in their original containers and at the back of the fridge, where it's coldest.
- Cucumbers, tomatoes, and potatoes: Keep these out of the fridge. Instead, store them in a cool, dry place to prevent spoilage.

By following these surprising food storage hacks, you can keep your produce fresh for longer and reduce food waste in your kitchen. Start experimenting with these tips today and enjoy fresher fruits and vegetables for weeks!

REMINDERS - DATES FOR YOUR DIARY

EVENTS	DATES
Year 6 - National Portrait Galley	Monday 20th January
Year 2 (Maple) - British Library Workshop	Monday 20th January
Parent workshop - Zones of Regulation	Tuesday 21st January 9am
Year 3 - London Aquarium	Wednesday 22nd January
Year 2 & 5 - London Fire Workshop	Thursday 23rd January
Year 4 - Ragged School Museum	Friday 24th January
Year 2 (Pine) - British Library Workshop	Monday 27th January
World Book Day	Thursday 6th March
Year 5 Trip - Jo'Burg Anniversary Event	Thursday 20th March

Forum Meeting
for SEND parents &
carers in Islington

Thursday 30 January
9.30am-12.30pm
at Lift
White Lion St, N1

Refreshments & guest speakers
Run by SEND families for SEND families
www.islingtonparentcarerforum.com

There is still space in Gymnastics (Rec- Y6) and Spanish Club (Y3 and Y4) for this term. Bookings are open in Arbor. If you have any issues with booking please speak to Olivia in the office.

Rotherfield Primary School - After School Clubs

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Club 7:45 - 8:55	Breakfast Club 7:45 - 8:55	Breakfast Club 7:45 - 8:55	Breakfast Club 7:45 - 8:55	Breakfast Club 7:45 - 8:55
Cooking with Tiago Y4-6 3:30 - 4:30	Karate 3:30 - 4:30 contact provider on 07594928598 £6 per session	Gymnastics R-Y2 3:30 - 4:30	Spanish Club Y3 & Y4 3:30 - 4:30	
After School Club 3:30 - 4:30 4:30 - 6:30 3:30 - 6:30	After School Club 3:30 - 4:30 4:30 - 6:30 3:30 - 6:30	After School Club 3:30 - 4:30 4:30 - 6:30 3:30 - 6:30	After School Club 3:30 - 4:30 4:30 - 6:30 3:30 - 6:30	After School Club 3:30 - 4:30 4:30 - 6:30 3:30 - 6:30

Free Childcare

If you are an eligible working parent, you can apply for up to 15 hours' free childcare per week during term time for your child if they're aged between 2 and 3 years. (NG only)

If they're between 3 and 4 years old, eligible parents can get up to 30 hours' free childcare per week. You have to get your code by 31 December to start claiming the free hours from January 1, so apply in good time!

See the Government's Childcare Choices web page [Homepage](#) | [Childcare Choices](#)



Please see link [here](#)

Educational Experiences in 2024-25

Year 1
Freightliner's City Farm
London Bus Tour
Florence Nightingale Museum
V&A Childhood Museum
King Henry's Walk Garden

Year 2
Tate Modern
The Monument
Horniman Museum
London Zoo
Hampstead Heath
Museum of Docklands

Year 3
British Museum
Science Museum
Pantomime
Westminster Walk
London Aquarium
Kew Gardens
Mosque Visit

Year 4
Science Museum
Chocolate Museum
Church Visit
Ragged School Museum
River Lea
Highgate Wood

Year 5
Olympic Park
Science Museum
British Museum
Synagogue Visit
London Zoo
Southbank

Year 6
HMS Belfast
Jewish Museum
Ben Kinsella Workshop
Theatre Trips
National Portrait Gallery

A voluntary donation of £24 via Arbor helps fund all the educational visits we offer over the year

Your generous donations help makes trips like these possible, and mean we can offer a range of fantastic learning opportunities!

For more details, or if you have any questions, please speak to us in the office!

Afterschool club still have availability -
Please check Arbor to book!

Important Notice

Please click [here](#) to view the late collection policy

Islington Healthy School Advisor

Please click here to see community food services available within Islington Community Food Services - Islington Food Partnership

Clubs contact info

Should you need to reach a staff member after 4PM regarding your child at after-school club (such as late collection from after school club), please call this number for immediate assistance: 07955184099